

A convenient way to access and manage your benefits

Select Benefits

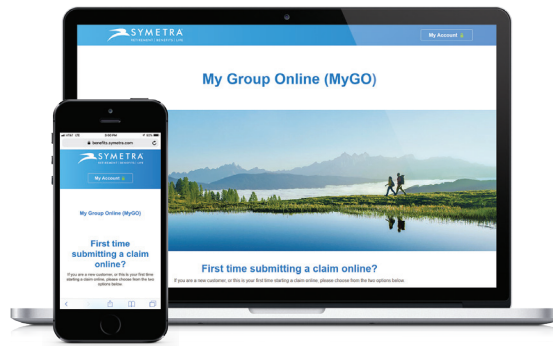
My Group Online (MyGO)

is a convenient, user-friendly, online administration tool that allows you to securely access and manage your benefits information from your computer, phone or tablet.

Your account is available 24 hours a day, 7 days a week.

Learn more at

www.symetra.com/MyGO



Visit www.symetra.com/MyGO to:

Submit a claim

- Fill in your claim details, upload or snap a photo of your itemized bill and hit submit.
- We'll send you a confirmation email letting you know we've got it.

Request an ID card

- Request an ID card via mail directly from your account. Requests are processed the next business day.
- Log in to MyGO on your mobile device to generate an on-demand version.

Download forms

- Download and print important forms whenever you need them.

View certificates

- Download and view your certificate(s), including plan specific coverage information.



Add MyGO to your favorites for quick mobile access.

Ready to get started?



Visit
symetra.com/MyGO



Create an
online profile



Use the “My Account”
button to log in



For more information, contact
your HR representative.

www.symetra.com
www.symetra.com/ny

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