

# MHPAEA Notice

## **The Mental Health Parity and Addiction Equity Act (MHPAEA)**

Notice to Enrollees in a Self-Funded Nonfederal Governmental Group Health Plan for Plan Years Beginning On or After September 23, 2010

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these employers are permitted to elect to exempt a plan from the requirements listed below for any part of the plan that is "self-funded" by the employer, rather than provided through a health insurance policy. Tarrant County Hospital has elected to exempt the JPS/Acclaim Employee Health Plan from the following requirement:

Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from these Federal requirements will be in effect for the 2023 plan year beginning 01/01/2023 and ending 12/31/23. The election may be renewed for subsequent plan years.