

Critical Illness Insurance

For the critical moments in your life



Whether you're stepping into your first job or looking toward retirement, you never know when you may experience a health challenge. That's why Symetra Critical Illness Insurance is designed to provide financial support whenever you're faced with an unexpected medical event.



Why critical illness insurance?

An unexpected diagnosis usually leads to unexpected expenses. And many of these—such as additional needs for transportation, child care, help around the house and more—aren't covered by major medical insurance. Symetra Critical Illness Insurance can help pay for these expenses through a lump-sum benefit paid directly to you, so you can focus on your recovery, rather than your finances.



How it works

If you're diagnosed with a covered condition after the policy is in effect, you'll receive a lump-sum benefit payment based on the terms of your policy and the diagnosis. This benefit is paid to you regardless of any other insurance coverage you may have.

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What's covered

Your coverage includes benefits for the following conditions. You may have coverage for additional conditions that aren't listed below, as well as the option to add eligible dependents to your plan.¹ Please refer to your enrollment materials for complete details.

Standard core plan coverage includes the following conditions:²

- Advanced Alzheimer's disease
- Advanced multiple sclerosis (MS)
- ALS (amyotrophic lateral sclerosis)/Lou Gehrig's disease
Other motor neuron diseases are also covered, including primary lateral sclerosis, progressive bulbar palsy and spinal muscular atrophy.
- Coma due to accident or illness³
- Coronary artery disease needing surgery or angioplasty
- End-stage renal failure
- Heart attack (myocardial infarction)
- Invasive cancer
- Loss of hearing
- Loss of sight
- Loss of speech
- Major organ failure
- Minor cancer (in situ)
- Occupational HIV
- Paralysis due to accident or illness³
- Parkinson's disease
- Severe burns
- Stroke

¹ Eligible dependents may include your spouse or domestic partner (as defined by state or federal law) and your biological children, adoptive children or stepchildren. Contact your benefits representative to determine eligibility for dependent coverage.

² In NH, occupational HIV is not covered, stroke is referred to as severe stroke and advanced Alzheimer's disease is referred to as Alzheimer's disease.

³ May vary by state.

Simple coverage when you need it the most



You're diagnosed with a covered condition.



Symetra approves your claim.



A lump-sum benefit is paid directly to you.

We understand that you can experience more than one critical event during your lifetime. If you're later diagnosed with a second covered condition, you'll receive the full benefit amount for that condition.¹ Please refer to your enrollment materials for complete details of the coverage.



DID YOU KNOW?

It's estimated that approximately **40%** of men and women in the U.S. will develop cancer in their lifetime.²

Claim examples

Meet Kristen, Robert and Dalia

In addition to their major medical insurance, Kristen and Robert both enroll in Symetra Critical Illness Insurance. They have the option to add a spouse to the plan, so Robert enrolls his wife Dalia, too.

See how the benefits they receive help each of them after they're diagnosed with covered conditions.



Kristen

Kristen goes in for treatment after doctors discover she has breast cancer. They use a combination of surgery and radiation therapy treatment. Kristen uses her critical illness benefit to help pay for her deductible and coinsurance, as well as other expenses while she's recovering.

Cancer benefit paid:

100% of policy benefit amount = **\$10,000**

How Kristen used her benefit dollars:

Related medical costs:	\$4,500
Child care:	\$300
Transportation:	\$200
Remaining benefit amount put in savings:	\$5,000

These examples are for illustrative purposes only and are meant to provide a general overview of how coverage works. Any resemblance to actual persons is purely coincidental. Please refer to your complete set of enrollment materials for your plan's benefit amounts and costs of coverage.



Robert and Dalia

Shortly after enrolling in his coverage, Robert suffers a heart attack and has to spend two days in the hospital.

Later that year, Dalia is diagnosed with advanced multiple sclerosis (MS) and starts a regimen involving medications and physical therapy.

Robert and Dalia each receive a critical illness benefit to help with a variety of related health costs and anything else they need. They welcome the financial support to help them recover and manage modifications to their lifestyle.

Heart attack benefit paid:

100% of policy benefit amount = **\$10,000**

Advanced MS spousal benefit paid: 100% of policy benefit amount = **\$10,000**

How Robert and Dalia used their benefit dollars:

Related medical costs:	\$10,000
Remaining benefit amount put in savings:	\$10,000

Each policy includes coverage for different conditions and life events. For costs and complete details of the coverage, contact your benefits representative.

[Continued >](#)

Frequently asked questions

Will I receive reduced benefits from Symetra if another insurance plan covers my medical costs?

No. We'll still pay your full benefit, even if another insurance plan has already picked up some or all of the bill.

Is it easy to use my supplemental health benefits?

Yes! Watch this [brief video](#) to learn how to make the most of your benefits.



Why should I enroll during annual enrollment?

If you don't enroll in coverage during annual enrollment, you'll have to wait until the following year's annual enrollment, unless you have a qualifying life event like a marriage, divorce or birth of a child.

If I enroll now, will I be automatically reenrolled in the plan next year?

It depends on how your employer sets up annual enrollment. "Passive enrollment" means you'll be automatically reenrolled in all of your selections. "Active enrollment" means you'll need to review all your selections and choose whether to reenroll.

Once I'm enrolled, how will I file a claim?

You'll have access to a user-friendly online platform where you can submit claims in just a few minutes. And if you have other group coverage with Symetra, we'll automatically check to see if you're eligible for additional benefits.

Note: Any critical illness benefits totaling more than the costs incurred for medical care are generally taxable if the employee or employer paid the premium on a pre-tax basis. It's also important to note that critical illness benefits may affect eligibility for public assistance like federal, state or local welfare programs. For specific information, please consult a tax professional and/or your benefits representative.

Why Symetra?

Symetra provides annuities, life insurance and employee benefits that have helped people live with financial security and confidence for more than 65 years. We're committed to providing value to our customers, supporting our communities, providing a great place to work for our employees, and promoting diversity, equity and inclusion in everything we do.

To learn more about our company, products and services, visit www.symetra.com.

Don't miss your opportunity to enroll in this valuable coverage. To get started, review your enrollment materials or talk to your benefits representative.



Symetra Life Insurance Company
777 108th Avenue NE, Suite 1200
Bellevue, WA 98004-5135

www.symetra.com

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¹ There must be a one-day separation between additional diagnoses. If two or more covered critical illnesses are diagnosed on the same day, only the benefit that provides the largest benefit amount will be paid.

² "Cancer Facts & Figures 2024," American Cancer Society, accessed April 15, 2024.